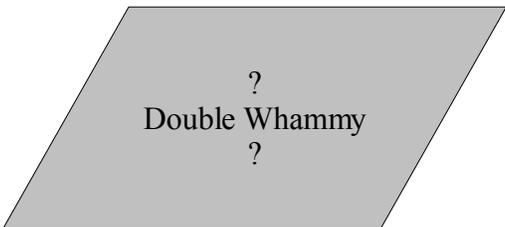
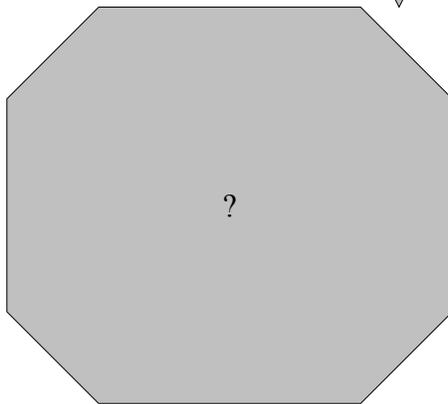
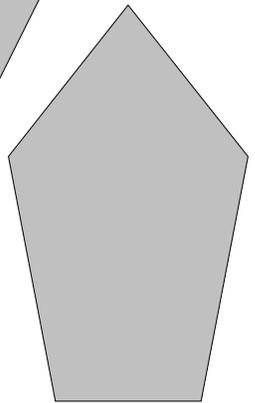
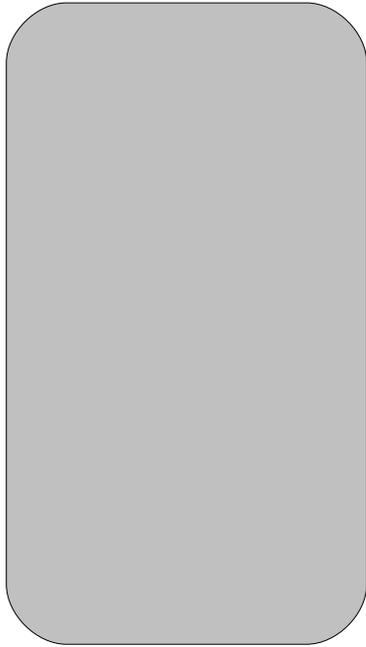
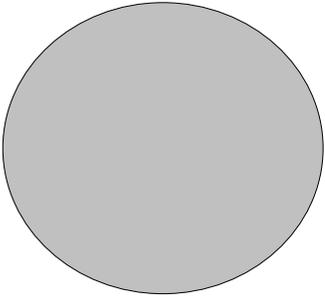
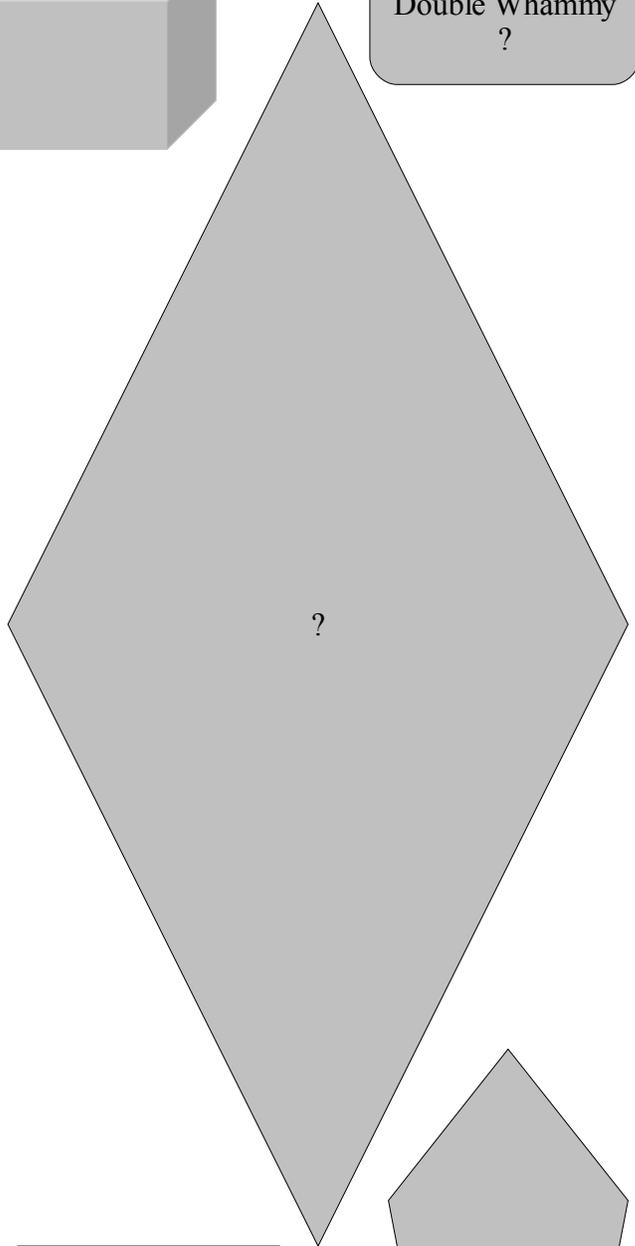
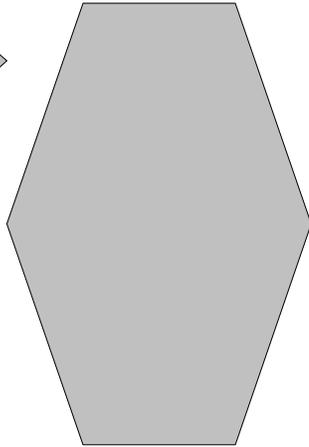
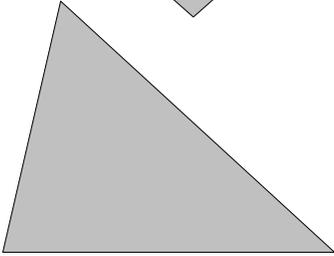
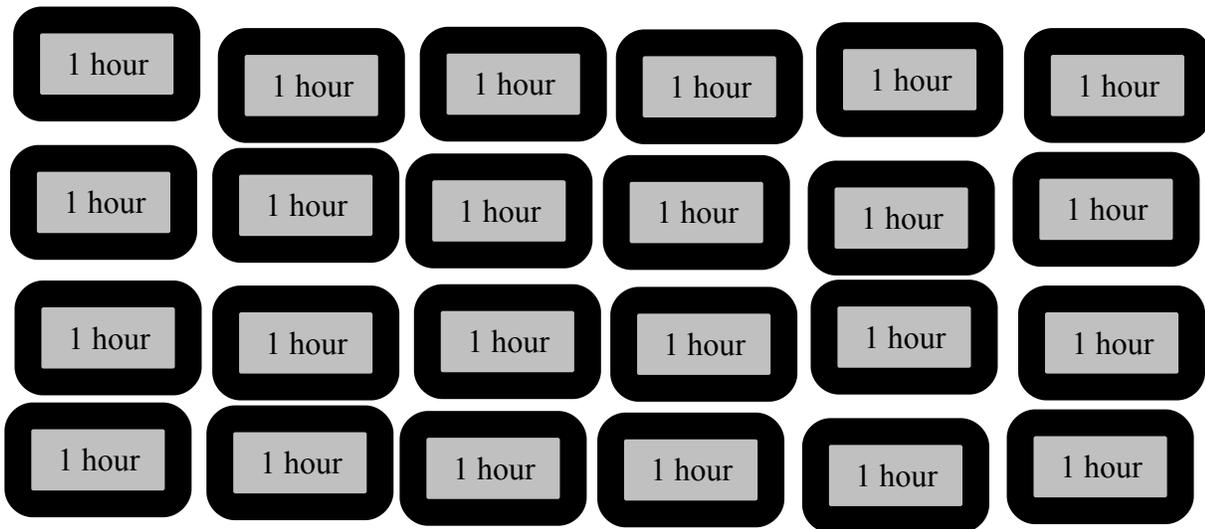


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Double Whammy
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Step 1: Cut out all the 1-hour tokens.

Step 2: Within your group, make a list of things that you do during an average weekday during the semester. Copy these activities, or “Commitments” to the various geometric shapes on the paper. Make sure not to write any activities into the shapes that are marked with a question mark. The Mystery Commitments for those shapes will be announced during the activity.

Step 3: Next, take turns assigning 1 hour of the day to whatever task or priority you see fit. You are working as part of a group, so imagine that the schedule will be followed by other people in the group, not just yourself. You **MUST** speak when you do this.

For example: “Two hours is certainly not enough sleep. Sleep is a high priority for me. So I’m going to put one more hour on sleep.”

This should be easy at the beginning, but as more and more hours are used up, your conflicts in priorities may start to cause disagreements.

For example:

Student A: “Six hours of sleep is still not enough. I’m putting another hour on sleep!”

Student B: “What? Are you crazy? When will you do homework? You can’t sleep seven hours, not if you want to keep your part-time job!”

Student A: “Okay, so I won’t do my homework.”

Student C: “That’s no good. Look, I’ll give up TV if I have to, but I need to do my homework.”

Note that it is possible to reassign hours. If you can get others to agree to the change, you can move an hour from one priority to another. In fact, once you have completed assigning all hours to your activities, you may continue on by reassigning hours. (Or you can start over.)

Step 4: Once you have added all your hours to the activities, let your teacher know. One of the Mystery Commitments will be revealed to you, and you must adjust your schedule to it. Repeat until all Mystery Commitments are completed. If you remove all hours from a Commitment, you lose it. For example, removing all hours from “spouse” means divorce. Losing all hours from “homework” means bad grades.

Step 5: Discuss the differences in your priorities with your group members, and prepare to share what you have discovered with the class.

Mystery Commitments

Roll the die to find out your group's random event. If you are receiving a Double Whammy, use the Double Whammy Chart, below this one.

1. **New boyfriend/girlfriend** (If you have one already, this is a second boyfriend or girlfriend.)
2. **Extra classes this semester.** You must take 6 more hours of class to graduate!
3. **Grandparent moves in.** You must take care of him or her. (If you have one already, this is a second grandparent living with you.)
4. **Yawn:** Everybody's body needs a different amount of sleep. Yours is sending you a message. Spend 2 hours more on sleep everyday, or lose one hour from your day to low productivity and health problems.
5. **Hakwon!** If you want to get that job, you need to start going to extra classes to prepare for the exam.
6. **Drinking buddies.** Your old high school friends are mad at you for not socializing with them enough. They want at least one night a week with you... which averages to about an hour a day. Do it, or lose those friends.
7. **You Gotta Pray:** You haven't gone to Church in a long time, and you start feeling badly about it.
8. **You Gotta Pay:** You need more money. Luckily, your friend got you a part-time job. (If you have one already, this is a second job.)
9. **Yes, Mom, I Love You:** Your family is bugging you to spend more time with them... because they say you don't spend enough. (If you're spending more than 3 hours a day on family, roll again.)
10. **Cockroaches! Mice! Worms With Three Heads!:** Yup, your apartment now has cockroaches. You have to spend at least an hour a day fighting the good fight... or trying to get your landlord to save you from the *SCARY THREE-HEADED WORMS!!!*
11. **Hey Couch Potato:** You've been so busy – or lazy – that you haven't had time to exercise. Now, your clothes don't fit so well anymore. Whether you choose to diet, or exercise, or both, you need to spend at least a couple of hours a day at it.
12. **Food Poisoning:** You get sick eating out at a cheap student restaurant, and promise yourself it's the last time. From now on, you're going to spend an hour a day cooking for yourself... or lose an hour a day to feeling guilty and sometimes feeling sick to your stomach.

DOUBLE WHAMMY

1. **Shotgun Wedding!:** That's right. You're married and a parent now. You must devote time to your spouse, and to your kid. Unless, of course, you want to divorce and have a kid who hates you!
2. **Promotion!:** You're good at your job. So now, you're promoted. This means you need to spend 30% more of your time at work... and by the way, you've been transferred so there's a one hour commute.
3. **Nights & Weekends:** Your friend has suckered you into investing in a small business. You thought you were just investing money, but now, if you don't sell soap in your free time, you're going to lose it all. Spend at least 3 hours a day on this, or else add 50% to your work time to make up for the money you lose.
4. **Car Accident:** You need to go to physiotherapy to learn to walk again. The more you go, the sooner you'll recover. So what are you going to do?
5. **Hey Superstar!:** You're offered your own television show, a shot at a movie, and a role as a sexy dancer in a commercial for LG fridges and telephones. You'll be rich and famous! The downside? They want you for at least 16 hours a day, for the next year. Is it worth it?
6. **Nervous Breakdown:** Your friend's spouse leaves for someone younger. Can you spare 3 hours a day to listen to your friend complain and obsess and worry and cry?